# The Pixel Project's Anti-Violence Against Women Toolkit 2017

**U.S. EDITION** 



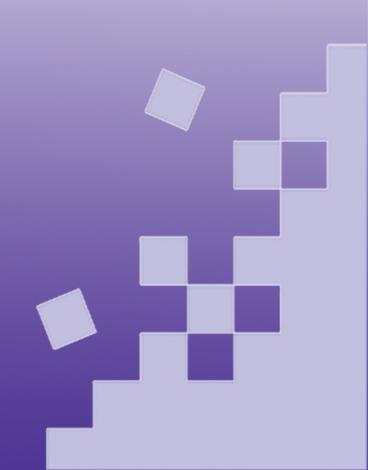
### Introduction

The Pixel Project is a complete virtual, volunteer-led global 501(c)3 non-profit organisation whose mission is to raise awareness, funds and volunteer power for the cause to end violence against women using the power of the internet, social media, new technologies, and popular culture/the arts.

This collection of links to online resources was assembled by us to provide people new to the issue of violence against women and girls with:

- An introduction to various types of violence against women.
- Practical ideas, suggestions, and actions that you can take in your community to stop the violence.

It's time to stop violence against women. Together.



### Overview: What Is Violence Against Women?

About Violence Against Women https://is.gd/AboutVAW

It's Not Just Domestic Violence: A Guide to 16 Types of Violence Against Women

https://is.gd/16Types0fVAW

16 Consequences of Violence Against Women https://is.gd/16VAWconsequences

#### Major Forms of Violence Against Women

#### **About Domestic Violence:**

http://www.thepixelproject.net/vaw-facts/about-domestic-violence/

#### **About Rape**

http://www.thepixelproject.net/vaw-facts/about-rape/

#### **About Forced Marriage**

http://www.thepixelproject.net/vaw-facts/about-forced-marriage/

#### **About Honour Killing**

http://www.thepixelproject.net/vaw-facts/about-honour-killing/

#### **About Female Genital Mutilation**

http://www.thepixelproject.net/vaw-facts/about-female-genital-mutilation/

#### **About Human Trafficking**

http://www.thepixelproject.net/vaw-facts/about-human-trafficking/

#### **About Street Harassment**

http://www.thepixelproject.net/vaw-facts/about-street-harassment/



# SUPPORTING VICTIMS & SURVIVORS OF VIOLENCE AGAINST WOMEN WHOM YOU KNOW

#### RESOURCES & HELP IN THE U.S.A.

Search for a Domestic Violence Agency or Shelter in Your Area http://www.domesticshelters.org/

The National Coalition Against Domestic Violence <a href="http://www.ncadv.org">http://www.ncadv.org</a>

The National Network to End Domestic Violence <a href="http://www.nnedv.org">http://www.nnedv.org</a>

The National Domestic Violence Helpline 1-800-799-7233 | 1-800-787-3224 (TTY): http://www.thehotline.org/

Rape, Abuse, and Incest National Network (RAINN) http://www.rainn.org/

Stop Street Harassment http://www.stopstreetharassment.org

Breakthrough US - Sexual Assault on Campus http://us.breakthrough.tv/

Crash Override Network - Online Abuse & Harassment http://www.crashoverridenetwork.com/index.html

Unchained At Last - Forced Marriage http://www.unchainedatlast.org/

The AHA Foundation - Female Genital Mutilation, Forced Marriage, & Honour Killing

http://www.theahafoundation.org/

National Alliance of Victims' Rights Attorneys & Advocates http://navra.org/

#### VIOLENCE AGAINST WOMEN - GENERAL

16 Ways You Can Support a Survivor of Violence Against Women https://is.gd/16Ways2SupportSurvivors

16 Tech Innovations that Help the Movement to Prevent and Stop Violence Against Women https://is.gd/16AntiVAWTech

16 Online Resources for Escaping/Healing from Violence Against Women https://is.gd/16VAWResources

16 Ideas for Helping Survivors of Violence Against Women Rebuild Their Lives

https://is.gd/16PostVAWRebuildingIdeas

16 Ways for Survivors of Violence Against Women to Share Their Stories http://16days.thepixelproject.net/16-ways-for-vaw-survivors-to-share-their-stories/

#### CYBER-VIOLENCE AGAINST WOMEN

16 Ways You Can Make Online Spaces Safer For Women (Breakthrough India)

http://16days.thepixelproject.net/16-ways-you-can-make-online-spaces-safer-for-women/

16 Ways Men Can Help Stop Online Violence Against Women https://is.gd/MenStoppingCyberVAW

16 Activists and Organisations Working Online To Stop Violence Against Women

http://16days.thepixelproject.net/16-activists-and-organisations-working-online-to-stop-violence-against-women/

#### STREET HARASSMENT

16 Creative and Safe Ways to Intervene to Stop Street Harassment https://is.gd/16Ways2StopStreetHarassment

#### DOMESTIC VIOLENCE

Recognising The Signs of an Abusive Relationship http://www.thepixelproject.net/getting-help/abusive-relationships/

How friends and family can intervene in cases of Domestic Violence http://www.thepixelproject.net/getting-help/family-and-friends-giving-help/intervention-domestic-violence/

Domestic Violence - A Safety/Escape Checksheet (Downloadable) http://www.thepixelproject.net/getting-help/domestic-violence-a-safetyes-cape-checksheet/

16 Safety Ideas and Tips for Women Facing Domestic Violence Over the Holiday Season https://is.gd/16DVHolidaySeasonTips

16 Ways to Stop Domestic Violence in Your Community https://is.gd/16DVCommunityIdeas

16 Ways to Help Your Local Domestic Violence Shelter https://is.gd/16DVShelterIdeas

#### RAPE & SEXUAL ASSAULT

How Friends and Family Can Intervene In Cases of Rape http://www.thepixelproject.net/getting-help/family-and-friends-giving-help/intervention-rape/

16 Ideas for Supporting your Local and National Rape Crisis Centres https://is.gd/16IdeasRapeCrisisCenters

#### FORCED MARRIAGE, CHILD MARRIAGE, & HONOUR KILLING

How Friends and Family Can Intervene in Cases of Forced Marriage/Honour Killing

http://www.thepixelproject.net/getting-help/forced-marriage-and-honour-killing-checksheet/

16 Ways of Preventing and Intervening in Child Marriages https://is.gd/16WaysPreventingChildMarriage

16 Organisations Working to Stop Child Marriage <a href="https://is.gd/OrgsStoppingChildMarriage">https://is.gd/OrgsStoppingChildMarriage</a>

### STOPPING VIOLENCE AGAINST WOMEN IN YOUR COMMUNITIES

16 Ideas for Taking that First Step Towards Stopping Violence Against Women

http://16days.thepixelproject.net/16-ideas-for-taking-that-first-step/

16 Ways to Speak Up & Break the Silence about Violence Against Women https://is.gd/16Ways2BreakSilence

16 Ideas for Online Campaigning to Stop Violence Against Women https://is.gd/16IdeasOnlineVAWCampaigning

16 Ways to Volunteer for the Cause to End Violence Against Women http://16days.thepixelproject.net/activism-101-16-ways-to-volunteer-for-the-cause-to-end-violence-against-women/

16 Ideas and Actions To Avoid and Stop Victim Blaming https://is.gd/16IdeasStopVictimBlaming

16 Safe and Creative Ways for Bystanders to Become Upstanders in Stopping Violence Against Women

http://16days.thepixelproject.net/16-safe-and-creative-ways-for-bystand-ers-to-become-upstanders-in-stopping-violence-against-women/

16 Ways to Take Action Against Human Trafficking https://is.gd/16AntiTraffickingldeas

16 Organisations, Charities and Grassroots Groups Working to Stop Female Genital Mutilation

https://is.gd/16AntiFGMOrganisations

16 Anti-VAW Organisations, Campaigns, and Activists Using Pop Culture to Fight Violence Against Women

https://is.gd/16AntiVAWPopCultureActivists

# RESOURCES & STARTING POINTS FOR MALE ALLIES

10 Things You Can Do to Stop Violence Against Women (Jackson Katz) http://www.thepixelproject.net/the-mens-room/10-things-you-can-do-to-stop-violence-against-women/

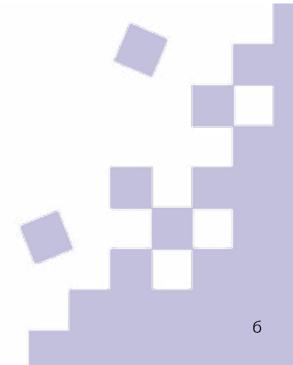
What You Can Do, as a Man, To Stop Violence Against Women http://www.thepixelproject.net/the-mens-room/what-you-can-do/

16 Ways for Men To Step Up in the fight to end Violence Against Women http://16days.thepixelproject.net/247/

16 Commitments Men Can Make to End Violence Against Women (Breakthrouh India) https://is.gd/16Commitments2EndVAW

16 Anti-Violence Against Women Male Role Models http://16days.thepixelproject.net/16-anti-vaw-male-role-models/

Additional Resources for Men to Help Stop Violence Against Women http://www.thepixelproject.net/the-mens-room/resources-for-men-to-stop-violence-against-women/



# RESOURCES FOR TEACHERS, EDUCATORS, ADVOCATES & PARENTS

16 Ways College Students Can Transform a Culture of Violence Against Women on Campus (Breakthrough US)

http://16days.thepixelproject.net/16-ways-college-students-can-transform-a-culture-of-violence-against-women-on-campus/

How To Disrupt 16 Practices of Gender-Based Violence In College Life (Breakthrough US)

https://is.gd/16AntiVAWldeas4College

16 Ways That Kids and Teens Can Help Stop Violence Against Women and Girls

http://16days.thepixelproject.net/16-ways-that-kids-and-teens-can-help-stop-violence-against-women-and-girls/

16 Ideas for Educating Kids about Violence Against Women and Being Non-Violent

https://is.gd/16WaysAntiVAWKids

16 Ways to Educate Individuals and Communities about Sexual Consent https://is.gd/16WaysSexualConsentEd

#### **BOOKS**

The "Read For Pixels" Sessions Feat. Award-Winning Bestselling Authors Speaking About Violence Against Women and Pop Culture https://is.gd/Read4PixelsPlaylist

The Pixel Project Selection 2016: 16 Books About Violence Against Women http://16days.thepixelproject.net/the-pixel-project-selection-2016-16-books-about-violence-against-women/

16 Authors Saying NO To Violence Against Women - 2014 https://is.gd/16AntiVAWAuthors2014

16 Authors Saying NO To Violence Against Women - 2015 https://is.gd/16AntiVAWAuthors2015

16 Authors Saying NO To Violence Against Women - 2016 https://is.gd/16AntiVAWAuthors2016

#### **GAMES**

16 Games to Help Stop Violence Against Women https://is.gd/16GamesAgainstVAW

#### FILMS, DOCUMENTARIES & TV SERIES

16 Filmmakers Making Films About Violence Against Women (And Telling the Right Stories)

http://16days.thepixelproject.net/16-filmmakers-making-films-about-vaw-and-telling-the-right-stories/

16 Films About Violence Against Women - 2011 https://is.gd/16AntiVAWFilms2011

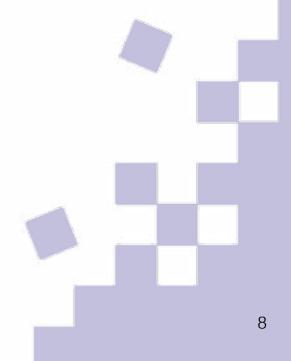
16 Films About Violence Against Women - 2012 https://is.gd/16AntiVAWFilms2012

16 Films About Violence Against Women - 2013 https://is.gd/16AntiVAWFilms2013

16 Films About Violence Against Women - 2014 https://is.gd/16AntiVAWFilms2014

16 Films About Violence Against Women - 2015 https://is.gd/16AntiVAWFilms2015

16 Films About Violence Against Women - 2016 https://is.gd/16AntiVAWFilms2016



#### **MUSIC**

16 Songs About Violence Against Women (and Staying Strong and Positive) – 2011

https://is.gd/AntiVAWSongs2011

16 Songs About Violence Against Women (and Staying Strong and Positive) - 2012

https://is.gd/AntiVAWSongs2012

16 Songs About Violence Against Women (and Staying Strong and Positive) - 2013

https://is.gd/AntiVAWMusic2013

16 Songs About Violence Against Women (and Staying Strong and Positive) - 2014

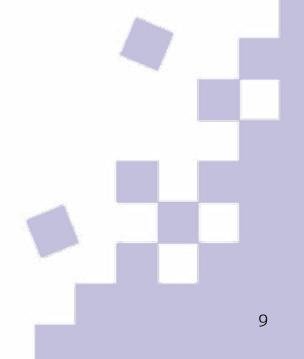
https://is.gd/AntiVAWSongs2014

16 Songs About Violence Against Women (and Staying Strong and Positive) - 2015

https://is.gd/AntiVAWSongs2015

16 Songs About Violence Against Women (and Staying Strong and Positive) - 2016

https://is.gd/AntiVAWSongs2016



#### SOCIAL MEDIA RESOURCES

#### **FACEBOOK**

16 Notable Facebook Pages by Anti-Violence Against Women Organisations - 2012

http://16days.thepixelproject.net/16-notable-facebook-pages-by-anti-vio-lence-against-women-organisations/

16 Notable Facebook Pages by Anti-Violence Against Women Organisations - 2013

http://16days.thepixelproject.net/16-notable-facebook-pages-by-anti-vio-lence-against-women-organisations-2/

16 Notable Facebook Pages by Anti-Violence Against Women Organisations - 2014

http://16days.thepixelproject.net/the-pixel-project-selection-2014-16-nota-ble-facebook-pages-by-anti-violence-against-women-organisations/

16 Notable Facebook Pages by Anti-Violence Against Women Organisations - 2015

http://16days.thepixelproject.net/the-pixel-project-selection-2015-16-notable-facebook-pages-by-anti-violence-against-women-organisations-2/

16 Notable Facebook Pages by Anti-Violence Against Women Organisations - 2016

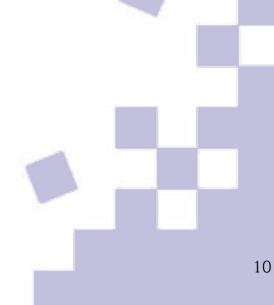
http://16days.thepixelproject.net/the-pixel-project-selection-2016-16-notable-facebook-pages-by-anti-violence-against-women-organisations/

#### **YOUTUBE**

16 Powerful Public Service Announcements Saying NO To Violence Against Women

https://is.gd/16AntiVAWPSAs

The Pixel Project's PSA Playlist https://is.gd/PixelPSAPlaylist



#### **TWITTER**

16 Notable VAW Organisations and Activists on Twitter That You Should Follow – 2011

https://is.gd/AntiVAWTwitterList2011

16 Notable VAW Organisations and Activists on Twitter That You Should Follow - 2012

https://is.gd/AntiVAWTwitterList2012

16 Notable VAW Organisations and Activists on Twitter That You Should Follow – 2013

https://is.gd/AntiVAWTwitterList2013

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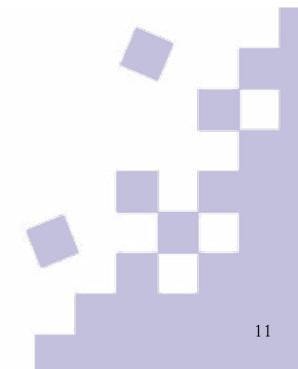
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https://is.gd/AntiVAWTwitterList2015

16 Notable VAW Organisations and Activists on Twitter That You Should Follow – 2016

https://is.gd/AntiVAWTwitterList2016



# WHERE TO FIND THE PIXEL PROJECT AND MORE OF OUR RESOURCES

#### Website

http://www.thepixelproject.net

#### Blog

http://www.thepixelproject.net/--blog

#### **Facebook**

http://www.facebook.com/ThePixelProject

#### **Twitter**

http://twitter.com/PixelProject

#### YouTube

https://www.youtube.com/user/ThePixelProject

#### Tumblr

http://thepixelproject.tumblr.com/

#### Instagram

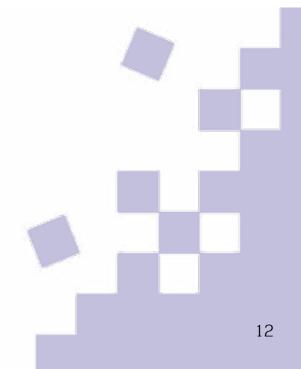
http://www.instagram.com/thepixelproject

#### **Pinterest**

http://www.pinterest.com/thepixelproject/

#### Contact Us

info@thepixelproject.net



### **ACKNOWLEDGEMENTS**

This document, and all articles listed in it (unless otherwise indicated), is © 2009 - 2017 The Pixel Project http://www.thepixelproject.net

"10 Things You Can Do to Stop Violence Against Women" is courtesy of Jackson Katz

http://www.jacksonkatz.com/

"16 Ways College Students Can Transform a Culture of Violence Against Women on Campus" and "How To Disrupt 16 Practices of Gender-Based Violence In College Life" is courtesy of Breakthrough US http://us.breakthrough.tv/

"16 Ways You Can Make Online Spaces Safer For Women" and "16 Commitments Men Can Make to End Violence Against Women" is courtesy of Breakthrough India https://www.inbreakthrough.tv/

